

# Swimming Instructor Training

This course has been designed to train scout leaders to teach scouts in their unit how to swim. Time will be spent developing and refining swimming strokes. This is not a Red Cross WSI Course

## Location:

Camp Wisdom

## Times:

July 22-24 , 2016 Participants must attend all sessions

July 22 7:00 p.m.

July 23 All Day

July 24 8 a.m. – finish Expect to be finished evening

These times are approximate and may be adjusted.

## Bring:

Aquatic Supervision (621005)book available for \$30 at the scout shop. Please put in binder.

Swimming (618654)Merit Badge Pamphlet available at scout shop

Swimming and Water Safety (651327)is highly recommended available from the Red Cross ([www.redcrossstore.com](http://www.redcrossstore.com)). Online version available at:

[http://www.instructorscorner.org/media/resources/wsicandidates/SWS\\_Manual\\_978-1-58480-605-9\\_Digital.pdf](http://www.instructorscorner.org/media/resources/wsicandidates/SWS_Manual_978-1-58480-605-9_Digital.pdf)

Written Materials, Swim Goggles, Computer for digital materials, water bottle with plenty of water, sunscreen, sunglasses, a shirt to protect from the sun, Clothing that can get wet(Swimsuit), Shoes for pool deck, and typical camping supplies

Snacks for throughout the course. Meals may be at irregular times.

**Copy of Completed Medical Form Part A and B**

## Cost:

\$40 includes meals but not written materials

## Prerequisites:

Must pass the BSA swimmer test using front crawl or breaststroke with face in the water on the front strokes.

## Required skills:

At the conclusion of the course: Must be able to swim the following strokes with good form: Front Crawl, Breaststroke, Sidestroke, Elementary Backstroke, Back Crawl. Must demonstrate ability to teach.

## Certifications:

Students will receive a certificate stating the topics and hours completed along with a recommendation as a Swimming Merit Badge counselor. Renewal every 2 years.

## Note to participants:

This weekend will be very strenuous and fast paced. Students should be physically and mentally prepared. The swim test will be given on Friday night and is the bare minimum. Students should prepare by swimming ahead of time. Students must pass a written test. Students that are unable to demonstrate proficiency on the included strokes at the end of the course may not receive a course completion certificate but may be given another opportunity to demonstrate proficiency to allow more time to practice.

## Written Test:

There will be a written Test on at the conclusion of the course.

## Accommodations:

A campsite will be reserved to sleep in. Students are expected to camp. Youth (according to BSA) may only stay overnight if in compliance with BSA YPT Requirements. Course Instructors will not provide this leadership overnight.For more information contact Circle

10 aquatics at [Circle10Aquatics@gmail.com](mailto:Circle10Aquatics@gmail.com) or 214-738-5487. Students must register and pay in advance. Registration will be available on Campmaster.