

# CAMP CONSTANTIN JACK D. FURST AQUATIC BASE



## **PROGRAM GUIDE**



## **TABLE OF CONTENTS**

Legacy of Boy Scout Camping at Possum Kingdom Lake	1
General Information	2
Mailing Address	2
Emergency Telephone Number	2
Camp Headquarters Hours	2
Camp Leadership	2
Program Overview	3
Daily Schedule	4
Program Areas	5
First-Year Camper (Brazos Buccaneers)	5
Trail to First Class	5
Aquatics	5
Advanced Sailing	6
Mile Swim BSA	6
Snorkeling BSA	6
Communications and Technology	6
Conservation	7
Handicraft	7
Industrial Arts	7
Nature	8
Scout Skills	8
Shooting Sports	8
Merit Badge Combo Classes	9
Circle Ten Council CampMaster Course Selection Form	10
List of Merit Badge Offerings	11
Water Odyssey	13
Adult Program Opportunities	14
Adult Water Odyssey	14
National Rifle Association (NRA) Certification Program	

Special Events & Evening Activities	15
Possum Fest	15
Assault on Johnson's Peak	15
Cinema P.K	15
Fat Bat Tournament	15
Hell's Gate Canoe Trip	15
Nuke 'em Tournament	15
Water Carnival	15
Friday Open Area Extravaganza	16
Arrival and Departure Procedures	17
Check-in	17
Swim Tests, Medical Re-Checks and Forms	17
Check-Out	18
Trading Post	18
Meals	18
Appendix	19
Adult in Camp State Compliance Form	20

## LEGACY OF BOY SCOUT CAMPING AT POSSUM KINGDOM LAKE

Before Circle Ten Council took possession of the nearly 400 acres on the north shore of Johnson's Bend of the Brazos River, this land was owned by Eugene Constantin. It was his dream to one day give this land that he loved to his son. In the 1940's his son, like many sons of that day, went off to war.

Like so many of those sons, he did not return. For many months, Mr. Constantin mourned his loss. He began to wonder what would happen to his beloved land. Mr. Constantin decided that if he couldn't leave it to his own son, then he would leave it to the sons and daughters of America. So in 1946, he gave half of the property to the YMCA and the other half to the Boy Scouts of America.

To honor the man and the son who made this wonderful camp possible, Circle Ten Council named it Camp Constantin. Then, in the mid 1990's, Jack D. Furst, who grew up attending Camp Constantin (first as a camper and then a staff member), also gave back to the camp he loved. He was the driving force behind the construction of the Jack D. Furst Aquatic Base, and radically improved the waterfront opportunities for Scouts all over North Texas.

For over 60 years, Camp Constantin has been the "epitome" of what Boy Scout camp should be.

## **GENERAL INFORMATION**

#### **MAILING ADDRESS**

All kids love getting mail, and Scouts away at camp are no different. We encourage you to have parents send letters and/or packages to their Scout while away at camp. Please make sure that the Troop number and a return address are present, in case the package is received after the Scout has gone home.

Camp Constantin Scout's Name / Troop Number 3003 Park Road 36 Graford, Texas 76449

#### **EMERGENCY TELEPHONE NUMBER**

(940) 779-2131 (available year-round)

Please note, the camp telephone number is for medical and family emergencies only. Parents are asked to use this number only for emergencies. Camp Constantin is not equipped with a paging system. If a parent calls with a non-emergency, that message will be communicated at the next meal.

#### **CAMP HEADQUARTERS HOURS**

The Camp Office operates from June 14<sup>th</sup> through July 25<sup>th</sup>.

Sunday: 12:00 p.m. - 5:30 p.m. Monday - Friday: 9:00 a.m. - 11:00 a.m.

2:00 p.m. - 5:00 p.m.

Saturday: 9:00 a.m. - 12:00 p.m.

#### **CAMP LEADERSHIP**

#### **Camp Director**

Ron Settele

ron.settele@scouting.org

(972) 822-0984

#### **Program Manager**

James Owsley jdo1978@yahoo.com

(903) 408-7036

#### **Business Manager**

Reece Hanson

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#### **Camp Ranger**

Shae Smith

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(940) 779-2131

## **PROGRAM OVERVIEW**

Welcome to Camp Constantin! First and foremost, Jack D. Furst Aquatic Base at Camp Constantin is dedicated to providing the best program possible, to supplement the year-long programs of each and every Boy Scout troop, as it is in the Circle Ten Council Summer Camp Mission. However, here at Camp Constantin we like to do that in style!

Jack D. Furst Aquatic Base at Camp Constantin is known for its aquatics programs but we also have nine different program areas, filled with a diverse merit badge selection, and staffed by fellow Scouts and Scouters who are ready and eager to help your boys on their trail to Eagle.

#### These areas include:

- Aquatics
- Brazos Buccaneers (First Year Camper)
- Communications and Technology
- Conservation
- Handicraft
- Industrial Arts
- Nature
- Scout Skills
- Shooting Sports

#### **NOTE ON MERIT BADGE FEES**

#### **New for 2015**

As a result of the feedback from you, our leaders, we will be collecting all merit badge fees through the invoice process. Now your Scouts will not have to go to the trading post prior to the merit badge class to buy supplies. For example, if you sign a Scout up for Woodcarving merit badge your unit will automatically be charged \$7 on the invoice and the Scout can simply pick up his merit badge kit from his instructor. Kits will still be available for purchase at the trading post should a Scout want to do a project for fun, but he will no longer have to buy a kit from the trading post before class.

## **DAILY SCHEDULE**

7:55 a.m. Morning Assembly/Flag Ceremony

7:50 a.m. Breakfast Table Waiters Report

8:00 a.m. Breakfast Starts

8:25 a.m. Breakfast Ends

8:25 a.m. Breakfast Clean-Up

9:00 a.m. Program Session 1

10:00 a.m. Program Session 2

11:00 a.m. Program Session 3

12:00 p.m. Lunch Table Waiters Report

12:10 p.m. Lunch Starts

12:35 p.m. Lunch Ends

12:35 p.m. Lunch Clean-Up

1:00 p.m. SPL Meeting

2:00 p.m. Program Session 4

3:00 p.m. Program Session 5

4:00 p.m. Open Activities Start

5:15 p.m. Open Activities Close

5:55 p.m. Evening Camp Assembly/Flag Ceremony

5:50 p.m. Dinner Table Waiters Report

6:00 p.m. Dinner Starts

6:35 p.m. Dinner Ends

6:35 p.m. Dinner Clean-Up

7:30 p.m. Evening Activities Start

## PROGRAM AREAS

#### FIRST-YEAR CAMPER (BRAZOS BUCCANEERS)

This is a 3-hour class that is offered from 9 a.m. to 12 p.m. This program is targeted for the Scout that is in his first six months with a Boy Scout troop. Their time will be spent focused on basic Scouting skills and having FUN!!!

We know that many boys and parents expect summer camp to be an opportunity to earn merit badges. Consequently these Scouts that are enrolled in the First-Year Camper program will have an opportunity to sign up for two (2) merit badges in the afternoon with the general population at camp. We strongly recommend enrolling them in a selection from the following list.

Recommended First-Year Camper merit badge list:

- Astronomy
- Basketry and Leatherwork (Combo Class)
- First Aid
- Indian Lore
- Mammal Study and Nature (Combo Class)

If your Scouts would like to register for this program, simply select First-Year Camper from the dropdown menu and then the two merit badges they would like to take in the subsequent spots.

As always, we will not sign-off any requirements for rank advancement as a part of this program. The signing-off of requirements remains the responsibility of the Scoutmaster or his designee. All we will do is provide instruction in those requirements.

#### **TRAIL TO FIRST CLASS**

In this option, your first year Scout will decide before they come to camp whether or not they want to sign up for the half day program or individual rank classes in the Trail to First Class (TFC) area. In this program, if a Scout has already earned the Tenderfoot rank before coming to camp, he can specifically sign up for an hourly class offered in the afternoon to address requirements for Second Class and/or First Class ranks. He is then encouraged to take First-Year Camper merit badges, from the list above, during the morning sessions.

There will be specific instruction time set aside to address the requirements for Second Class and First Class on an hourly basis in the afternoon. There are no requirements for participation, and a Scout may participate in one, or both sessions. Like the First Year Camper Program, our staff will not actually be signing-off requirements. Again, it remains the responsibility of the Scoutmaster or his designed to decide if advancement requirements have been completed.

#### AQUATICS

The Jack D. Furst Aquatic Base at Camp Constantin is one of the premier aquatics bases in the BSA. There is a huge variety of activities from "Blobbing," swimming, canoeing, or even waterskiing that are available on the cool beautiful waters of Possum Kingdom Lake. Trust us, for a place to cool off, this is the place to be!

The Jack D. Furst Aquatic Base at Camp Constantin offers the following merit badges:

- Canoeing
- Lifesaving
- Motorboating
- Rowing
- Small-Boat Sailing
- Swimming
- Water Sports

All of the aquatic programs require that Scouts be strong swimmers and in good physical condition. National BSA rules require classification as a "Swimmer" by completing the BSA Swim test before participating in the events. There are also some special opportunities beyond our aquatics merit badge program.

#### **ADVANCED SAILING**

For those that have completed the Small-Boat Sailing merit badge, new challenges await. We have catamarans and larger boats for the advanced sailing students. Keep in mind this is not a merit badge, but you sign up for it as if it were.

#### MILE SWIM BSA

Like a merit badge, Mile Swim is something that you sign up for and attend every day. In order to earn the Mile Swim BSA award you have to put in some training, and that's what the daily sessions are for. We invite everyone down to cheer on the class on Friday at 2:30 p.m. as those who practiced all week go for the long haul.

#### SNORKELING BSA

Even though Scouts sign up for it like a merit badge, it is an award that is offered through the BSA. It's also a great adventure for your Scouts in the crystal clear waters of Possum Kingdom Lake. They'll learn important safety rules, proper use and care for the equipment, and get to spend time under the waves!

PLEASE NOTE: Some classes are limited in size due to equipment, staff, and safety requirements.

#### **COMMUNICATIONS AND TECHNOLOGY**

One of our newer program areas in camp, the Communication and Technology area, is home to Eagle-required and high tech merit badges alike. In this program area, you will have an opportunity to participate in exhilarating experiments and inventions like 'Walking on Liquid' (Yes, it can be done!), 'Exploding Air?', and even the Solar Powered Clothes Dryer. This area is the place for creativity, ideas, and fun!

- Chemistry
- Chess
- Cinematography
- Citizenship in the World
- Communications

- Electronics
- Photography
- Nova Award, Whoosh! New this year!

#### **CONSERVATION**

Our conservation area was greatly improved in 2013 with the addition of a brand new teaching area and pavilion that lies directly across from our new Trading Post; while other teaching areas are still hidden among the trees and trails. In this area, troops can get service projects to work on, or check out simple tools to use for conservation projects in the campsite.

This is also where Scouts will work on the following merit badges:

- Energy
- Environmental Science
- Fish and Wildlife Management
- Forestry
- Oceanography
- Soil and Water Conservation
- Weather

#### **HANDICRAFT**

One of the staples of any good camp is the handicraft area. It provides a great, shaded place for a Scout to explore his artistic side. This area is located right next to the Trading Post, so leaders can take in a cold drink while watching the Scouts work. We offer:

- Art
- Basketry and Leatherwork (Combo Class)
- Indian Lore
- Sculpture
- Woodcarving

#### **INDUSTRIAL ARTS**

A brand new area this year, Industrial Arts, is centrally located in front of the Warehouse. Scouts will have the opportunity to learn valuable skills for use in a hobby or possible future career. The hands-on experience will allow Scouts to develop skills while having an opportunity to feel a sense of accomplishment. Merit badges offered in this area include:

- Auto Maintenance New this year!
- Composite Materials New this year!
- Farm Mechanics New this year!
- Painting
- Welding

#### **N**ATURE

Our Nature area has many scenic teaching areas set amongst the cedar trees and boulders of the northwest side of the camp. Our main pavilion has aquariums and cages that house local wildlife like snakes, lizards, fish and even giant centipedes! There is much more, so feel free to come check them out any time during the day! Want to take a stroll on a nature trail (using buddy system of course!)? Then hike on up, because the Johnson Peak trail begins here. Merit badges offered here include:

- Astronomy
- Bird Study
- Fishing
- Geology
- Mammal Study and Nature (Combo Class)
- Reptile and Amphibian Study
- Space Exploration

#### **SCOUT SKILLS**

Want to climb Mt. Everest? How about survive in the wilderness for a week without food? Want to learn how to build a tree house? Then Scoutcraft is for you! Also known as Scout Skills, this program area is the place to get a li'l rugged and learn all the classic outdoor skills. Our staff here will also help your Scouts 'Be Prepared' to do those things that make Scouts confident and dependable in an emergency.

- Camping
- Emergency Preparedness
- First Aid
- Hiking and Backpacking (Combo Class)
- Orienteering
- Pioneering
- Wilderness Survival

#### **SHOOTING SPORTS**

Our shooting sports area is great for your Scouts to hone their shooting skills and become a superb marksman. We are continuously improving this area and are proud to have a state-of-the-art five station skeet and trap shotgun range. This newest addition features low, center and high traps with a new Promatic target thrower at each position.

Merit badges include:

- Archery
- Rifle Shooting
- Shotgun Shooting

**Note on range fees**: The cost structure for the shooting merit badges has changed for 2015. There will be a onetime charge for the Scouts that are taking the rifle or shotgun merit badge that will appear on the unit invoice. These fees will cover the ammunition and targets that are consumed as part of the merit badge class. Participants in the rifle or shotgun merit badges will no longer need to purchase

tickets for class. All shooting during the open area times will still require a ticket from the trading post. Rifle is \$1 for ten shots and target and shotgun is \$.50 for one shot and target. Archery will also have a onetime \$5 charge payable on the unit invoice for the arrow kit that the Scout uses to complete the badge.

#### **Merit Badge Combo Classes**

One special opportunity when it comes to merit badges is combo classes. In certain cases, merit badges overlap and it makes sense to pair them together. In these instances, we have combined them into one class with one sign-up. It's like two for the price of one!

Basketry and Leatherwork Mammal Study and Nature Hiking and Backpacking

## CIRCLE TEN COUNCIL CAMPMASTER COURSE SELECTION FORM

Scout Name:	
Rank:	
Years at Camp:	

#### Signing up for merit badges is easy!

List the courses you wish to take in priority order. See the detailed course list for the course names to choose. Up to five courses can be scheduled in the allotted summer camp day. Once you make your selections the CampMaster program will automatically assign times to your course schedule. Keep in mind some courses are two hours, three hours and in some cases all day. Additional course names are collected in case some of the top 5 are not available. You may select an "off" hour at a specific time by choosing "open".

Priority	Course Name
1	
2	
3	
4	
5	

Two additional choices in case any of above courses are not available:

6	
7	

**Note to Scoutmaster:** This form is intended for you to copy and distribute to your youth as they make their merit badge selections for 2015. There is a list of merit badges on the following pages for your Scouts to reference.

## LIST OF MERIT BADGE OFFERINGS

	Merit Badge/Award	Partial Only	Extra Fees	Class Size Limit
1	Advanced Sailing* ** (2-hour class)			Yes
2	Archery		\$5	
3	Art			
4	Astronomy			
5	Auto Maintenance New in 2015!			
6	Backpacking	Yes		
7	Basketry/Leatherwork		\$10	
8	Bird Study			
9	Camping	Yes		
10	Canoeing			Yes
11	Chemistry			
12	Chess			
13	Cinematography			
14	Citizenship in the World	Yes		
15	Communication	Yes		
16	Composite Materials New in 2015!			
17	Electronics			
18	Emergency Preparedness	Yes		
19	Energy			
20	Environmental Science			
21	Farm Mechanics New in 2015!			
22	First Aid			
23	Fish and Wildlife Management	Yes		
24	Fishing	Yes		
25	Forestry			
26	Geology			
27	Hiking	Yes		
28	Indian Lore		\$8	
29	Instructional Swim*			
30	Kayaking			
31	Leatherwork/Basketry		\$10	
32	Lifesaving			
33	Mammal Study			
34	Mile Swim BSA*			
35	Motorboating			Yes

	Merit Badge/Award	Partial Only	Extra Fees	Class Size Limit
36	Nature	Yes		
37	Oceanography			
38	Orienteering	Yes		
39	Painting	Yes		
40	Photography			
41	Pioneering			
42	Reptile and Amphibian Study	Yes		
43	Rifle Shooting		\$10	Yes
44	Rowing			
45	Sculpture	Yes		
46	Shotgun Shooting		\$30	Yes
47	Small-Boat Sailing			Yes
48	Snorkeling*			
49	Soil & Water Conservation			
50	Space Exploration			
51	Swimming			
52	Water Sports**			Yes
53	Weather			
54	Welding		\$10	Yes
55	Wilderness Survival			
56	Woodcarving		\$5 to \$10	
57	NOVA Program Whoosh!* New this year!			

<sup>\*</sup> indicates an award, not a merit badge

<sup>\*\*</sup> indicates age requirement of 14 years old

## **WATER ODYSSEY**

The Water Odyssey is a series of aquatics-based activities available for the older Scouts attending camp. This will allow these Scouts to take merit badge classes in the morning and enjoy afternoons on beautiful Possum Kingdom Lake.

#### Water Odyssey is no longer an all-day program!

#### **Scout Prerequisites:**

- 14 years of age
- Life Scout or higher
- Swimmer classification on BSA Swim Test
- Small Boat Sailing merit badge

Pre-registration will be available via CampMaster for the Water Odyssey!

The fee to participate in the week's Water Odyssey activities is \$25.

#### **WATER ODYSSEY SCHEDULE**

	Monday	Tuesday	Wednesday	Thursday	
2:00 – 4:00 p.m.	Sail Boat Sailing	t Sailing Canoeing and		Catamaran Trip	
2:00 – 4:00 p.m.	Sali Boat Salling	Rowing	Wakeboarding	Catamaran mp	
Evoning			Overnighter		
Evening			Bug Beach		

## **ADULT PROGRAM OPPORTUNITIES**

We know that Scouts would not be able to enjoy Summer Camp if it weren't for the adult leaders that donate their time. The staff at Camp Constantin would like to extend our thanks by offering two new opportunities, exclusively for the adult leaders.

#### **ADULT WATER ODYSSEY**

For many years the youth visiting Camp Constantin have been enjoying all that Possum Kingdom Lake has to offer. **New in 2015**, the Adult Water Odyssey will allow the adults to do the same!

This program is offered free of charge to any adult leaders wishing to see what all the buzz is about and get out on the lake!

There is no charge for this program!

#### **ADULT WATER ODYSSEY SCHEDULE**

	Monday	Tuesday	Wednesday	Thursday
9:00 – 11:00a.m.	Catamaran Trip	Canoeing and Rowing	Kayaking/ Sailboarding	Sail Boat Sailing

#### NATIONAL RIFLE ASSOCIATION (NRA) CERTIFICATION PROGRAM

The Boy Scouts of America National Shooting Sports Manual indicates that a certified NRA range safety officer is to directly supervise all live fire on the range. Additionally, the instruction offered must be done by a currently certified National Camping School shooting sports director certified as an NRA rifle instructor or an NRA certified rifle instructor or an NRA/USA Shooting/CMP certified rifle coach. These must be two separate individuals.

The classes offered will allow you to meet these requirements and bring a shooting sports program back to your units! To start, Basic Instructor Training, BITS, will be offered and is required for each of the certifications below.

- **Basic Rifle Shooting** Teaches the basic knowledge, skills, and attitude necessary for the safe use of a rifle in target shooting.
- Basic Shotgun Shooting Teaches the basic knowledge, skills, and attitude for the safe and proper use of a shotgun in shooting a moving target.

The fee for each class if \$75 (includes all instruction and course materials for certification).

You can only complete the work for one of these classes during your time at camp. So, please make only one selection when you register via CampMaster.

## SPECIAL EVENTS & EVENING ACTIVITIES

#### **POSSUM FEST**

It's a lake party! Come and enjoy all the amenities our waterfront has to offer. We'll have a DJ spinning up some tunes and ice cream sundaes will be served!

#### **ASSAULT ON JOHNSON'S PEAK**

Challenge yourself with a hike up to the highest point in Palo Pinto County. Wednesday evening the staff will lead a trek up to the top of Johnson's Peak. Once there, you can hear tales of local history, including the legend of how Hell's Gate got its name and the underwater town Pickwick.

#### CINEMA P.K.

After the assault on Johnson's Peak on Wednesday night, at dusk we will open the Cinema P.K. Join us in the NEW, air-conditioned dining hall for a movie.

#### **FAT BAT TOURNAMENT**

Back by popular demand, its softball, Camp Constantin-style and we call it Fat Bat. It takes nine to ten youth to field a team and participate in a week long bracket tournament.

#### **HELL'S GATE CANOE TRIP**

One of the highlights of a week at Camp Constantin is the opportunity to take a canoe across the lake and visit one of the most striking features of Possum Kingdom Lake, Hell's Gate. Sign up will be Monday after lunch as space is limited. Your Scouts will not only have the opportunity to paddle there, but beach your canoe and take the short hike to the top of Hell's Gate. The Hell's Gate Canoe Trip will be Tuesday and Thursday mornings before breakfast. There's no better place to be than on the lake in the early morning hours!

#### **NUKE 'EM TOURNAMENT**

Also a perennial favorite, the annual Nuke 'em tournament will once again offer your Scouts the opportunity to win the title **NUKE 'EM CHAMPION OF THE WEEK**.

This game is played with the same basic rules as the traditional volleyball game, except the ball is caught rather than hit. Players may catch the ball and take a limited number of steps and pass it to another player on their team or try to throw it where no one on the other side can catch it before it hits the ground.

#### **WATER CARNIVAL**

What visit to the Jack D. Furst Aquatic Base would be complete without the new Water Carnival Extravaganza? Featured events will include:

- The Blob show our trained staff members performing daring feats for the amusement of the crowd.
- You can see the Nuke 'em Tournament final.
- The world famous Constantin Sunfish Regatta: Pick your two best sailors and compete against the rest of the camp.
- The homemade raft race: Pick up your raw materials anytime during the week and build your entry into the raft race with anything else you can find in your campsite that's not a watercraft, of course!
- The Great Constantin Relay Race: Challenge your team of six through several disciplines including running, rowing, canoeing, and other Scouting skills in a race to the finish.
- We will close with a recognition ceremony for all of the fantastic achievements that were earned during your week of summer camp.
- Following the Awards Ceremony there will be an Order of the Arrow Call-Out ceremony. All parents and guests are invited to watch, but please no flash photography.

#### FRIDAY OPEN AREA EXTRAVAGANZA

Every Friday from 2:00 p.m. to 4:00 p.m. will be the open area with several bonus activities for your Scouts' enjoyment.

**Aquatics** – Get the last of your blobbing, rowing, canoeing, kayaking, and swimming before the water carnival.

**Handicraft** – Bring anything brand-able that you may have because the fires will be hot and the brands will be smoldering on anything you bring in.

**Nature** – Come see our live snakes get their weekly meal, or get to know some of our animals a little better with an intimate wildlife encounter.

**Scoutcraft** – Test your skills on the Tomahawk range.

**Shooting Sports** – Teams of three (3) from each troop will compete in the Constantin Shoot Out. One participant for each discipline we offer at camp (Rifle, Shotgun, and Archery), your team may even include one adult!

#### **MOUNTAIN BIKING**

We are also very happy to announce that Mountain Biking on the neighboring Brazos River Authority trail system is available. So those Scouts looking for a challenge are sure to find it in the rugged Central Texas terrain. Bicycles can be checked out at the Trading Post.

## **ARRIVAL AND DEPARTURE PROCEDURES**

#### **CHECK-IN**

Please make sure that your unit brings the following for check-in (due to limited copy paper and ink, no copies can be made at camp).

- Complete roster of ALL adults and youth in attendance
- Completed Annual Health and Medical Record for ALL adults and youth in attendance
- Copy of a valid Face-to-Face Youth Protection (YC06-0014) training card for every adult in attendance
- Print out of <u>Texas Department of Public Safety Sex Offender Registry Check</u> for every adult in attendance
- Adult in Camp State Compliance Form for every adult (see Appendix) in attendance
- Copy of your unit's valid Weather Hazards training card

**Camp check-in occurs between 12:00 p.m. and 3:00 p.m.** on the afternoon of your arrival day. When you first arrive at camp, a camp staff member, who will serve as your Staff Guide for the orientation period, will meet your troop to begin the check-in process and prepare your Scouts for medical re-checks, swim checks, and a tour of camp. One adult leader is responsible for checking in the troop at Camp Headquarters.

On the Sunday you arrive, we will have a combined Scoutmaster and SPL meeting. We will cover lots of important information to make your experience at camp a safe and memorable stay. This meeting will be held in the Dining Hall at 7:30 p.m.

NOTE: To ensure safety, only one vehicle per unit will be allowed into the campsite to deliver gear.

Although the camp needs an immediate head count for meals on arrival, you will set an appointment with the camp Business Manager to settle your financial position on Monday or Tuesday. After a brief visit with the Camp Director, this will allow you to immediately head to your campsite with your Staff Guide. After you and your Staff Guide inspect camp-supplied equipment for damage, your troop can begin to set up your site, take the swim check, go on your tour, and complete medical re-checks. Please take the time to note any damaged equipment so that it may be repaired or replaced and your troop won't be charged at the end of your stay at camp—troops must pay for any equipment they damage.

The Camp Director reserves the right to adjust campsite assignments.

#### SWIM TESTS, MEDICAL RE-CHECKS AND FORMS

**Swim Tests** - Swimming and boating on Possum Kingdom Lake are two of the most enjoyable activities at Jack D. Furst Aquatic Base at Camp Constantin. Safety is our number one priority, and we have established some simple guidelines to ensure a safe stay. Any Scout or leader who wishes to participate in aquatic activities must have completed the BSA swim test.

For the safety of the Scouts who may not be used to the differences of swimming in a lake versus a pool, the only pre-camp swim checks accepted are those done by our staff at Camp Wisdom. We apologize for any inconvenience this may cause. At any time, the Aquatics Director reserves the right to make any Scout or leader re-take the swim check.

**Medical Re-checks and Medical Forms -** All Scouts and leaders attending camp must have completed a BSA Annual Health and Medical Record before attending camp.

The form is available at http://www.scouting.org/filestore/HealthSafety/pdf/680-001 ABC.pdf.

All medical forms will be returned to the troop at the end of your week in camp. Shots must be dated with year or official shot records must be attached to the medical forms. As part of your camp tour, leaders and campers will visit with the Camp Medic for a brief medical re-check. The purpose of this re-check is not to conduct a second physical, but to make the Camp Medic aware of any potential health problems, personal medications, or concerns that a camper or leader may have.

#### **CHECK-OUT**

Saturday breakfast is built for your convenience. The menu is designed to be portable and starting at 7:00 a.m. you may send a representative to the Dining Hall and pick up your *Grab-n-Go* meal. You will be issued enough food for your entire unit and you are welcome to stay and enjoy your meal in the dining hall or take it back to your campsite.

After breakfast, Scouts are to return to their campsites to pack and clean up. All of the Program Area Directors will be available inside the Scoutmaster Lounge after breakfast to answer any questions that unit leaders might have concerning merit badges or advancement reports. Please take advantage of this service, so we can solve any problems before your unit leaves camp.

A camp staff member will visit your campsite to inspect it with the troop leader. Remember that all camp equipment that was borrowed must be returned to the Quartermaster before your unit will be cleared to leave. Once you have been cleared, take your clearance form and the Camp Evaluation Form to the office. Camp patches and any remaining material will be issued when you check out at the Headquarters building. Remember, to ensure safety, only one vehicle per unit will be allowed into the campsite to pick up gear. Gates will open at 6:45 a.m. to start packing your vehicles.

#### **TRADING POST**

Camp Constantin is pleased to offer an air-conditioned Trading Post that will have all of your camping needs in one location! We will offer everything from chips and soda, to frozen Snickers and Slushes, merit badge kits and supplies. Forgot your compass? We remembered it and brought it for you! T-shirts, hats, gifts, walking staff emblems, pocket knives, you name it, and it's here at the Trading Post located next to the Handicraft pavilion.

Encourage your Scouts, as we will, to drink water located in every program area and main areas in camp in ice cold coolers. Besides, it's free!

#### **MEALS**

Each troop will provide two (2) Scouts per table. These Scouts are responsible for set-up before the meal and clean-up afterwards. Troops are encouraged to send an adult to supervise the Scouts and assist where needed.

If your unit or individuals have special eating requirements, please contact the camp director with a written request when registering your unit. The camp cooking staff will try to accommodate your needs or requirements based on religious beliefs, allergies, etc.

## **APPENDIX**

#### **ADULT IN CAMP STATE COMPLIANCE FORM**

	To be completed by each addit attending camp and s	ασππιτεα τ	o the camp duministration.	
Name (First Middle Last)			DOB (mm/dd/yyyy)	
Unit (Type & Number)	District:		Council:	
The Following questions are re	equired by the State of Texas Youth Camp Safety Act an	d must be	completed to attend a Texas Youth Cam	np.
Scouting Background (position			•	
Scouting Background (position	i, council, year).			
Experience Working with You	th in other organizations:			
Previous Residences (last 5 ye	ars):			
Current Memberships (religion	us, community, business, labor, or professional):			
D. C. D. H. H. H.				
	who are familiar with your character as it relates to wor		outh. References will be checked wher	necessary.
Name:		Phone:		
Name:		Phone:		
Name:		Phone:		
Additional Information. Mark	each answer Yes or No.			
Do you use illegal drugs?			Yes No	o
Have you ever been convicted			Yes No	
Have you ever been charged v			Yes No	
	been suspended or revoked? bove, is there any fact or circumstance involving you or	(OUT	Yes No	0
	to question you being entrusted with the supervision, g			
			Yes No	ס
A criminal background check i background check to be eligib	s required by the State of Texas within 90 days of camp le to attend this camp.	and will be	e conducted by the Circle Ten Council. I	agree to this
Signature:				
Date:				